

# Chepstow Harriers

## Rose Inn 4

Tuesday, 8 July 2008. 7:30 pm

Position	Time	Name	Club	Category	Race Number
1	0:21:25	COLES, Peter	Pontypridd Rodents	MV45	417
2	0:21:47	WITHERS, Ian	Cardiff AAC	Junior Men	379
3	0:21:52	ROWLEY, Justyn	Clevedon AC	Senior Men	421
4	0:22:09	PATERSON, Stephen	San Domenico	Senior Men	426
5	0:22:46	HARVEY, Kyle	Fairwater Runners	Junior Men	385
6	0:23:05	HARVEY, Mark	Chepstow Harriers	Senior Men	363
7	0:23:07	MATTHEWS, Rich	Chepstow Harriers	Senior Men	489
8	0:23:12	TEED, Ivan	Chepstow Harriers	Senior Men	464
9	0:23:15	HARRIS, Paul	Lliswerry Runners	MV40	416
10	0:23:26	MORGAN, Chris	Fairwater Runners	MV40	449
11	0:23:28	WILLIAMS, Alun	Fairwater Runners	MV40	388
12	0:23:36	TYRRELL, Angela	San Domenico	Senior Ladies	376
13	0:23:42	CHAMBERLAIN, Rogers	Sri Chinmoy	MV35	366
14	0:23:50	TABOR, Mick	Les Croupiers	MV55	377
15	0:23:55	FORCE, Steven		MV45	407
16	0:23:58	GWILLYM, Lyndon	Parc Bryn Bach Running Club	MV45	369
17	0:24:08	MCILROY, Stuart		Senior Men	480
18	0:24:21	PENNY, Stuart	Chepstow Harriers	MV45	409
19	0:24:35	SOMERSALL, Dave	Chepstow Harriers	MV35	461
20	0:24:41	DAVIES, Gary	Chepstow Harriers	MV45	448
21	0:24:54	WRIGHT, John	Chepstow Harriers	MV35	364
22	0:24:58	LEATHARD, Matt	Chepstow Harriers	Senior Men	445
23	0:25:06	JONES, Chris	Lliswerry Runners	MV45	497
24	0:25:09	LOVETT, Brian	San Domenico	MV40	413
25	0:25:10	MILES, Phil	Parc Bryn Bach Running Club	MV55	393
26	0:25:13	VERRALL, James	Fairwater Runners	Junior Men	380
27	0:25:15	WILSON-CROOME, Dougal	Chepstow Harriers	MV50	447
28	0:25:25	FINCH, Katy		Senior Ladies	488
29	0:25:26	ROBERTS, Dean		MV35	440
30	0:25:29	BROWN, Andrew	Severn AC	MV50	374
31	0:25:44	LEWIS, Neil		MV35	483
32	0:25:51	WARREN, Simon		MV40	492
33	0:25:53	JONES, Toby	Lliswerry Runners	Senior Men	491
34	0:25:58	RUSSELL, Andrew	Les Croupiers	Senior Men	386
35	0:25:59	MORRIS, Ronald	San Domenico	MV55	422
36	0:26:01	O'SHEA, John	Les Croupiers	MV50	419
37	0:26:05	TURNER, John	Stratford On Avon AC	MV60	408
38	0:26:17	SHIELDS, Dominic	San Domenico	MV40	365
39	0:26:21	BIRT, Dean	Pontypridd Rodents	Senior Men	524
40	0:26:27	LEACH, Walter	Forest of Dean A C	MV45	484
41	0:26:28	FOX, William		MV45	500
42	0:26:30	DONNAN, Graeme	Les Croupiers	MV50	428
43	0:26:32	BURNE, Peter		Senior Men	387
44	0:26:35	JAMES, Simon	Abergavenny Stridres	MV40	430
45	0:26:36	GITTOES, Marianne	Chepstow Harriers	Senior Ladies	444
46	0:26:40	WOOLLEY, Kelly	Lliswerry Runners	Senior Ladies	496
47	0:26:43	WILSON, Roger	Stratford On Avon AC	MV65+	399
48	0:26:44	LOTT, Andrew	Lliswerry Runners	MV45	460
49	0:26:45	HOOK, Robert		MV40	359
50	0:26:49	MANN, Alan	Les Croupiers	MV50	406
51	0:26:50	BLACKMORE, Andrew	Chepstow Harriers	MV40	463
52	0:26:57	REEKS, Malcolm	Chepstow Harriers	MV45	398
53	0:27:01	DAY, Paul	Lliswerry Runners	MV55	458
54	0:27:09	BLORE, James	Chepstow Harriers	Junior Men	456
55	0:27:17	ASTON, Jeff	Les Croupiers	MV60	429
56	0:27:18	WEHDEN, Kim	Islwyn Running Club	MV45	477
57	0:27:19	HEMMING, Roger	Great Western Runners	MV55	367
58	0:27:23	DAVIES, Michael	Les Croupiers	MV55	427
59	0:27:25	MURPHY, Mike	Les Croupiers	MV50	473
60	0:27:26	TOOK, Michael		Senior Men	482
61	0:27:30	EDWARDS, Peter	Fairwater Runners	Junior Men	381
62	0:27:31	JEFFRIES, Mark	Chepstow Harriers	MV40	371
63	0:27:34	HARMES, Paul		MV40	478
64	0:27:42	WATSON, Andy		MV45	467
65	0:27:48	FRY, Mark	Fairwater Runners	MV40	383
66	0:27:51	SCHOLEY, Julie	Les Croupiers	LV45	438
67	0:27:54	WILLIAMS, Michael	Fairwater Runners	Junior Men	384
68	0:28:20	REES, Kate		LV40	470

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Position	Time	Name	Club	Category	Race Number
69	0:28:31	CARZANA, Tony	Pegasus Running Club	MV60	425
70	0:28:39	MORRIS, Jonathan	Newport Harriers	Junior Men	459
71	0:28:49	STROUD, Sian		LV45	395
72	0:28:51	KIRKWOOD, Paul		MV50	439
73	0:28:52	WILLIAMS, Stephen	Lliswerry Runners	MV50	368
74	0:29:08	WILLIAMS, Frances	San Domenico	LV40	481
75	0:29:23	JOHNSON, Andrew	Lliswerry Runners	MV40	523
76	0:29:28	JAMES, John	Severn AC	MV55	370
77	0:29:37	MORRIS, Jan	Chepstow Harriers	LV40	479
78	0:29:43	BURGESS, Bryn	Lliswerry Runners	MV50	415
79	0:29:49	MATTHEWS, Katherine	Chepstow Harriers	Senior Ladies	490
80	0:29:51	VAN DER WERF, Hanneke	Wye Valley Runners	LV40	506
81	0:29:53	AVERY, Brenda	Chepstow Harriers	LV55+	498
82	0:29:57	STONE, Sam		Senior Men	394
83	0:29:58	CASEY, Stephen		Senior Men	441
84	0:30:00	WHEELER, Syd	Chepstow Harriers	MV65+	404
85	0:30:00	BUCKLAND, Jenny		LV40	471
86	0:30:05	GRIFFITH, Sian	Chepstow Harriers	Senior Ladies	465
87	0:30:11	REILLY, Daniel		Senior Men	468
88	0:30:12	JONES, Rob	Chepstow Harriers	MV50	442
89	0:30:15	DAVIS, Joanne	Severn AC	LV35	375
90	0:30:20	FISCHER, Gavin	Chepstow Harriers	Senior Men	360
91	0:30:22	EVANS, Anne Marie	Parc Bryn Bach Running Club	LV35	372
92	0:30:25	SCROGGS, Chris	Chepstow Harriers	MV45	466
93	0:30:38	LUCK-EDWARDS, Graham		MV40	418
94	0:30:48	HOWELLS, Anthony		MV40	520
95	0:30:59	LLOYD, Richard	Fairwater Runners	Senior Men	410
96	0:31:14	COLE, Sera		LV40	503
97	0:31:15	HALE, Andrea		LV40	502
98	0:31:21	DALEY, Loretta	Les Croupiers	LV40	405
99	0:31:30	CANTWELL, Berna	Chepstow Harriers	LV40	514
100	0:31:37	ANDREWS, Dave	Chepstow Harriers	MV60	475
101	0:31:42	DUNLOP, Shona	Caerleon Running Club	Senior Ladies	508
102	0:31:50	WALLBANK, Chesney		Junior Men	358
103	0:31:55	TREHARNE, Ruth	Islwyn Running Club	LV40	476
104	0:31:56	SHEPHERD, Suzie	Chepstow Harriers	LV35	424
105	0:31:56	WATSON, Bob	FERC	MV35	382
106	0:32:01	HOBBS, James		MV40	526
107	0:32:05	GORSHKOV, Mike	Chepstow Harriers	MV35	462
108	0:32:15	HILL, Steve	Chepstow Harriers	MV50	495
109	0:32:17	MUNDY, Neil		MV40	391
110	0:32:22	BELL, Jenni	Chepstow Harriers	Senior Ladies	513
111	0:32:26	HOLYFIELD, Gareth	Abergavenny Stridres	MV45	432
112	0:32:39	HAVERS, Roberta	Chepstow Harriers	Senior Ladies	522
113	0:32:40	WARNER, Ian		MV50	446
114	0:32:47	WILLIAMSON, Stephen		MV50	510
115	0:32:59	ANDERTON, Mike	Severn AC	MV50	392
116	0:33:06	FRENCH, David		Junior Men	357
117	0:33:08	FRY, John	Fairwater Runners	MV60	397
118	0:33:27	TURNER, Andrew		Senior Men	401
119	0:33:37	HILL, Katie		LV35	499
120	0:33:51	BROWN, Sandra	Severn AC	LV45	373
121	0:33:59	MCCATHY, Gareth		Senior Men	487
122	0:34:15	PHILLIPS, John	Chepstow Harriers	MV60	423
123	0:34:28	ROBERTS, Wendy	Chepstow Harriers	MV40	527
124	0:35:01	HOWELLS, Gwyneth	Caerleon Running Club	LV55+	433
125	0:35:04	JENSEN, Linda	Les Croupiers	LV45	378
126	0:35:13	HOWELL, Roger	Penarth & Dinas	MV60	390
127	0:35:18	ATTWOOD, Howard	Lliswerry Runners	MV55	396
128	0:35:19	MURPHY, Gill	Les Croupiers	LV50	472
129	0:35:24	SHEEDY, Alison		LV40	434
130	0:35:34	LAWSON, Vanessa	Chepstow Harriers	LV35	511

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Position	Time	Name	Club	Category	Race Number
131	0:35:36	ANDERSON, Keith	Lliswerry Runners	MV45	525
132	0:35:38	GREEN, Clare	San Domenico	LV40	485
133	0:35:47	FOREHEAD, Tanya	Chepstow Harriers	Senior Ladies	454
134	0:35:47	THOMAS, John		MV40	452
135	0:35:56	ELLIS, Gill	Chepstow Harriers	LV45	494
136	0:36:00	WILSON, Susan	North East Vets	LV55+	400
137	0:36:21	HALL, Jane	Chepstow Harriers	Senior Ladies	512
138	0:36:25	SYRED, Caroline		Senior Ladies	518
139	0:36:26	REES, Jamie		Senior Men	411
140	0:36:27	LIDGETT, Caroline	Chepstow Harriers	LV40	435
141	0:36:29	BRAY, Helen		Senior Ladies	412
142	0:36:32	THOMAS, Kathryn	Chepstow Harriers	LV40	453
143	0:36:32	RYMER, Jane	Chepstow Harriers	LV40	451
144	0:36:40	PARKES, John	Fairwater Runners	MV55	389
145	0:36:46	BLADEN, Alan	Les Croupiers	MV65+	450
146	0:37:13	RICHARDSON, ARTHUR		MV55	509
147	0:37:25	BURRIDGE, Marianne	Fairwater Runners	LV45	507
148	0:37:37	COLLETT, Rhys		Senior Men	469
149	0:37:37	ELVERS, Karen	Chepstow Harriers	LV35	501
150	0:37:53	JAMES, Lynda		LV40	431
151	0:38:02	POWELL, Catherine		LV35	504
152	0:38:04	SMART, Maggie		LV40	505
153	0:38:23	SHORT, Lynette		LV35	474
154	0:38:23	BISHOP, Philip		MV45	443
155	0:40:08	FEAR, Vicky	Lliswerry Runners	Senior Ladies	402
156	0:40:10	PRICE, Abbi.		Junior Ladies	403
157	0:40:16	PHILLIPS, Karen	Les Croupiers	LV40	420
158	0:41:02	WEBB, Jackie	Chepstow Harriers	LV45	437
159	0:41:16	WOODLEY, Debbie	Chepstow Harriers	Senior Ladies	521
160	0:41:27	BLORE, Sharon	Chepstow Harriers	LV45	455
161	0:41:31	LANE, Rebekah	Chepstow Harriers	Senior Ladies	516
162	0:30:41	BURGESS, Ros	Lliswerry Runners	LV40	414
163	0:42:21	JONES, Julia	Chepstow Harriers	LV40	436
164	0:42:28	MORGAN, Julie	Fairwater Runners	LV35	362
165	0:42:33	HITCHINS, Carol	Chepstow Harriers	LV40	515
166	0:42:50	HARRIS, Ron	Lliswerry Runners	MV65+	493
167	0:43:04	TERRY, Fiona		Senior Ladies	517
168	0:44:21	LOCKE, Claire	Chepstow Harriers	LV40	486
169	0:52:17	SYRED, Katherine		Senior Ladies	519